

Master CVV Gurupujas, Visakhapatnam

Master KPK

Discourse 6 on 13 January 2021, morning

(This translation does not give the complete talk. Only for personal use, might contain mistakes.)



YouTube: <https://www.youtube.com/watch?v=Ry0T8RX4CjA>

As per the lunar calendar, the sun starts its northern course from today for about 6 months. So, in these 6 months the Sun's cooperation is available in plenty for us to progress vertically. Therefore, today is celebrated as a festival. The sun enters Capricorn after 10 am today as per the lunar calendar. So, from today, it is a very suitable time to recollect and realise who we really are as spirit dominates over matter. The spirit keeps increasing in strength until the Summer Solstice. From then the matter keeps increasing in strength until the Lunar Solstice. This alternation is what the Seers recognised in the working of nature. By knowing these aspects, we can operate in this world with proper awareness without getting stuck in anything.

On this day, it is said the King Bali attained the highest state by the grace of the Divine. He achieved that by surrendering everything including his ego (I AM consciousness) to the Divine. We should learn the same from King Bali. He is considered one of the greatest kings though he was born among the diabolics. The spirit dominates when the ego is surrendered to the Divine. Then we gain an entry into the planes of light. That is how King Bali gained an entry into the planes of light. So, let us try to relate to the Divine and reduce the feeling of I AM. Let us remember that there is always the Divine above us. The tradition of wearing a cap or turban on the head is symbolic of this fact and it is to help the person remember the Divine present over one's head.

Today we have a book release "Omkara Darsanam", a Telugu book written by Sri A.L.N. Rao. It gives details as to how one can practice the uttering of OM and experience the Divine through it. (Master is reading a paragraph from that book.) This book is not just for reading but it is also for practice. About 22 aspects of OM are given in this book which one can refer to.

Now coming to the teachings of Rishabh which we have been discussing. Rishabh says, “Path of yoga and knowledge should go hand in hand.” This is similar to what Kapila says. Kapila says, “Devotion should be the basis for yoga and knowledge”. Devotion gives the interest to practice yoga and gain knowledge. The knowledge gained should be put into practice and practice should enable you to gain more knowledge. Devotion also gives stability which is very important as discussed yesterday. Unless practice happens stably, there is no progress. And for practice to happen properly, knowledge is required. One should have a proper knowledge of the divine principle, otherwise one is generally stuck in a name or form and that does not lead you to the ultimate. One should also have the knowledge of time, knowledge of creation, knowledge of birth and death and so on to be able to realise that the Divine is all permeating. One need not reject anything in this creation because there is nothing devoid of Divine. To realise this completely, knowledge is very important. The thing about knowledge is that as one gains more and more knowledge, one realises that one knows very little. It is people with little knowledge who think that they know a lot. Even the greatest of knowers do not claim that they know everything because if they think so they fall into the illusion of nature. The knowers do not think anything about themselves. Among them, we have Hanuman as the highest example. Though he knows everything and there is nothing that he cannot do, he does not remember anything about himself. If he has to do something significant, he has to be reminded that he can do it. Otherwise, he is so much with THAT that he does not remember anything about himself.

Remember that knowledge is most useful when it is gained by relating to the Divine. Knowledge as itself is not much of use. Without knowledge, one cannot enter the path of light. Knowledge is the light within which shows the inner path. It grants you inner vision. You know who is in this form. You know yourself as a divine entity. When you know this and relate to the Divine at all times, then you are in yoga. Yoga with the Divine is not possible if you don't know who you really are. The Divine is always present with us though we recognise or not. He waits until we recognise his presence in us. Until we are able to see the Divine within, we should keep striving. You become eligible to give knowledge or teach others only after seeing the Divine within. Such knowledge is not personal knowledge but knowledge that comes from higher circles. The ones who write or teach in that manner are mediums to the Divine. They are ever in alignment with the Divine while the knowledge manifests through them as and when required.

There is the story of an Alwar named Vishnuchit. He was a great devotee of Vishnu. He was a very knowledgeable person who lived in a place called Villiputtur. He was so much into worship of the Divine that he even forgot all the knowledge that he had. He had a wife and daughter whom he considered as a boon given by the Divine. They lived very simple lives serving the surrounding nature. Since they were living a life of poverty, Lord Vishnu once appeared to him and gave him a poem which is to be read in the court of the king. The king and scholars in the kingdom were so impressed by the poem that he was granted a lot of wealth. That is how anything becomes possible when one is in alignment with the Divine. The manifestation of knowledge is also splendorous when it happens in alignment with the Divine.

Rishabh further says, “One should have confidence in one's actions and behaviour”. That is possible when one's behaviour is right and as per dharma. Such a one does not fear to do anything because he is confident of what he does. We should develop such behaviour that we are confident about ourselves. If we cannot rely upon ourselves, we cannot rely upon God. If one is not trustworthy to himself, how can one be trustworthy to anyone? People with ulterior motives always fear their behaviour and actions. The fear is because the one who does a mistake purposefully knows that he has committed a mistake though no one else knows it. That is why we are told to confess, at least to the Divine and repent. Confession without repentance is meaningless. After repenting, one should ensure that the mistake is not committed again. So, if you think one thing and do something else, then you will never have confidence in action and there is

always fear. That fear is purely because of your own behaviour and it has nothing to do with others. If you speak low of someone, then your mind creates fear by reminding you that the person who you spoke of might know what you spoke. If you never speak ill or low of someone, then there is nothing to fear about.

Rishabh further says, “Your actions should be associated with poise.” In Bhagavad Gita, the Lord speaks of 26 virtues which indicate the nature of poise. One in poise always progresses in the path. Poise enables you to do only what is to be done and nothing more or less. In all of us, there are the 3 qualities of Rajas (hyperactivity), Tamas (inertia) and Satwa (poise). In certain aspects, we might have Rajas, in certain aspects there might be Tamas and in certain aspects there might be poise. We should try to develop poise in as many aspects as possible. One who is mostly in poise stands beyond the situation without getting stuck in the situation. When poise dominates over Rajas and Tamas in you, then your personality slowly transforms into a Divine personality. One should refer to Bhagavad Gita for more aspects relating to the quality of poise.

We will continue with the teachings of Rishabh in the evening. I will try to conclude this chapter in the evening discourse.

-Swasthi